



## Article Intramuscular Boosting with hIFN-Alpha 2b Enhances BCGphipps-Induced Protection in a Murine Model of Leprosy

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**Abstract:** Host immunity to *Mycobacterium leprae* encompasses a spectrum of mechanisms that range from cellular immunity-driven protection to damage associated with humoral immunity as in type-2 leprosy reactions. Although type I interferons (IFNs) participate in eliminating intracellular pathogens, their contribution to the production of antibodies and CD3<sup>+</sup> FOXP3<sup>+</sup> regulatory T cells (Tregs) in BCG vaccine-mediated protection in leprosy is unknown. BCGphipps (BCGph) priming followed by intramuscular hIFN-α 2b boost significantly reduced lesion size and *Mycobacterium lepraemurium* growth in the skin. T follicular regulatory cells (TFR), a subset of Tregs induced by immunization or infection, reside in the germinal centers (GCs) and modulate antibody production. We found impaired Treg induction and improved GCs in draining lymph nodes of BCGph primed and hIFN-α 2b boosted mice. Moreover, these mice elicited significant amounts of IL-4 and IL-10 in serum. Thus, our results support the adjuvant properties of hIFN-α 2b in the context of BCGph priming to enhance protective immunity against skin leprosy.

**Keywords:** *Mycobacterium lepraemurium;* murine leprosy; interferon alpha; BCGphipps; germinal centers; regulatory T cells

### 1. Introduction

*Mycobacterium leprae* and *Mycobacterium lepromatosis*, the etiological agents of human leprosy [1,2], affect the skin and peripheral nerves [3]. Although multidrug treatments (MDT) for leprosy are available, the number of new cases remains stable (700,000 per year). Furthermore, the lack of an effective diagnostic procedure makes tracking of *M. leprae* transmission difficult [4–7]. The genetic predisposition to early leprosy [8] emphasizes the need for an opportune diagnosis and development of low-cost immunotherapies to reduce leprosy incidence in developed countries [9,10]. The spectrum of clinical manifestations in leprosy correlates with the type of immune response elicited. For example, tuberculoid leprosy (TT), characterized by a dominant Th1 response, restricts bacilli growth via IFN- $\gamma$ -driven activation of microbicidal functions of macrophages. In contrast, the production of classic Th2 cytokines (IL-4 and IL-10) has been associated with loss of protection and enhanced bacillary growth in disseminated lepromatous leprosy (LL) [10]. There are also intermediate subtypes that represent a mixture of Th1 and Th2 responses [10].

Infection of mice with *M. lepraemurium* (MLM) [11,12] has been used to study immunological mechanisms of human leprosy [11–13], despite the fact that MLM does not show tropism for peripheral nerves [11,13] as *M. leprae* does [14]. Nevertheless, both mycobacteria are non-cultivable and grow slowly in the host, doubling their numbers in 1–3 weeks.



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**Copyright:** © 2021 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). Experimental subcutaneous infection with small doses of bacteria closely mimics the natural disease that usually occurs when disruption of barriers facilitates mycobacterial colonization, triggering an immune reaction at a peripheral level [13,15–17]. While cell-mediated immunity (CMI) is impaired, humoral immunity is practically unaffected in human and murine leprosy [18]. In addition, Th1- or Th2-cells, other T lymphocytes, shape the host immunity to *M. leprae* infection [18,19].

It is intriguing how *M. leprae* influences host immunity in the different subtypes of mycobacterial disease. One hypothesis is that the pathogen downregulates host humoral and cellular immunity to infect the skin and peripheral nerves [3,14,15]. There is also evidence that the bacillus impairs macrophage activation. It also decreases the expression of TNF-alpha and molecules such as prostaglandins which induce the production of IL-1 $\beta$  and reactive oxygen and nitrogen intermediates (ROI and RNI), critical in the mycobactericidal functions of macrophages [20–22].

Humoral responses generated in the GCs of secondary and tertiary lymphoid tissues participate in the protective immunity against pathogens [23–26]. A recent report on leprosy highlighted the critical role of Tregs in the inhibition of Th1 and Th17 cell responses [19]. Indeed, the balance between these subsets of T cells at the GCs [27–29] dictates the protective or pathological outcomes of infectious and autoimmune diseases [30,31] and is critical for the development of therapies to induce protective immunity [26,27]. In particular, T helper follicular cells (TFH) and especially T follicular regulatory cells (TFR) modulate the GC response to induce long-lasting humoral immune responses while preventing the production of autoantibodies [32,33]. Given that type I IFN is associated with the generation of both TFH and Tregs, it emerges as a promising adjuvant to stimulate TFH responses in the GCs in the context of BCG vaccination [34].

Mucosal administration of type I IFNs induces dendritic cell maturation and generation of CXCR5<sup>+</sup> CD4<sup>+</sup> TFH, facilitating GC development and the production of high-affinity antibodies in lymph nodes [34]. In contrast, type I IFNs abrogate host immunity in human tuberculosis by inhibiting the production of inducible nitric oxide synthase (iNOS), IL-12p40, IL-1A, and IL-1 $\beta$ , while inducing IL-10 and IL-1R antagonists [35–38]. Thus, the participation of type I IFNs is context-dependent [38–42]. Type I IFNs are produced at a steady level, but once an intracellular pathogen invades the host, several heterogeneous and complex anti-viral or anti-bacterial innate responses are induced [43–48], including antibody class switching, somatic hypermutation, and enhancement of antigen availability in the GCs that will lead to strong and effective antibody responses [34,49].

We previously reported the protection conferred by successive intramuscular IFN boosting in mice vaccinated with *Mycobacterium bovis* BCG and challenged with MLM [42] or against aerosolized *M. tuberculosis* challenge [41]. In mice challenged with MLM, protection correlated with enhanced production of iNOS, nitric oxide, and IgG3 antibodies [42]. In the context of the *M. tuberculosis* challenge, the protected mice elicited a Th1 response [41]. In a more recent study, type I IFNs modulated autophagy and metabolism in leprosy [50]. We decided in this study to further investigate the protection against murine leprosy induced by vaccination with *M. bovis* BCGphipps (BCGph) and a pharmaceutical presentation of human IFN- $\alpha$  2b [51]. In recent studies, a recombinant BCG that expresses human IFN- $\alpha$  2b was used to successfully treat bladder cancer [51–55]. Consistent with these data, our goal in this study was to analyze the protection induced by BCGph priming and hIFN- $\alpha$  2b boosting in a murine model of leprosy. Altogether, our results envisage the potential of BCGph subcutaneous priming and intramuscular hIFN- $\alpha$  2b boosting to induce protective immunity against human leprosy.

#### 2. Material and Methods

### 2.1. Animals

Specific pathogen-free Balb/c mice were bred and housed in the Animal facilities of the Escuela Nacional de Ciencias Biológicas, Instituto Politécnico Nacional in Mexico City.

All animal experiments were performed after approval (07 March 2014) by the Institutional Animal Care and Management Committee (*CIE-ENCB ZOO 016/2014*).

### 2.2. Microorganisms

The BCG Phipps strain (ATCC<sup>®</sup> 35744<sup>™</sup>) (BCGph) is a variant of the BCG strain that has lost the region RD1 which encodes ESAT-6 and CFP10, with the lowest number of T cell epitopes, 316, versus BCG Tokyo, 359, and BCG Pasteur, 331, (Zhang et al., 2013) [51] and was provided by Dr. Hernández-Pando (INCMNSZ, Mexico City, MX). Vaccine suspensions were then stored at -80 °C until use. Mycobacterium lepraemurium (MLM) non-cultivable strain was isolated from the spleen of mice bearing a four-month infection via a procedure described by Prabhakaran et al., 1976 [56], followed by purification using the percoll isolation procedure described by Draper P., 1980 [57]. Briefly, 4 g of splenic tissue were suspended in 20 mL of 0.2 M sucrose and ground in a glass Potter-Elvehjem type homogenizer. The resulting suspension was centrifuged for 20 min at  $150 \times g$  to remove cell debris (Sorvall RV5B, rotor HB4) (Sorvall Instruments, Wilmington, DE, USA). Then, 9 mL of the supernatant was overlaid on 12 mL of 0.3 M sucrose, and the tubes were centrifuged at  $3500 \times g$  for 10 min at 4–10 °C (Sorvall RC5B). The resulting bacilli-rich pellet was resuspended in 20 mL of 0.2 M sucrose, and 9 mL aliquots were overlaid on 12 mL of 1.5 M KCl. Then, the tube was centrifuged at 4  $^{\circ}$ C for 10 min at 3500  $\times$  g. The bacilli were collected, washed three times with phosphate-buffered-saline (PBS) (0.01 M Na/K phosphate, 0.15 M NaCl, pH 7.4), and resuspended in 40 mL of a solution containing a mixture of Percoll (3 parts) and 0.1% Tween 80 (7 parts). The suspension was centrifuged at  $23,000 \times g$ . The bacillary pellet was collected and washed five times with PBS until eliminating the Percoll. The purity of the bacillary preparation was confirmed by Ziehl–Neelsen staining. The purified bacillary suspension was prepared in synthetic 7H9 Middlebrook broth-OADC medium (DIFCO, Detroit, MI, USA) (7H9-OADC medium) and quantified via a nephelometric reference curve prepared with known quantities of bacteria. The bacillary suspension was aliquoted and frozen at -20 °C, until ready for use.

### 2.3. Immunizations

Groups of eight-week-old Balb/c mice (n = 6) were subcutaneously immunized with  $8 \times 10^3$  colony-forming units (CFU) of BCGphipps in 200 µL sterile PBS. One month later, each group of mice was intramuscularly boosted during three consecutive days (30, 31, 32 days after vaccination) with 100 µL of PBS or with 100, 200, or 300 international units (IU) of hIFN- $\alpha$  2b (Urifron, Probiomed, Azcapotzalco, Mexico City, Mexico).

#### 2.4. M. lepraemurium Challenge

For the challenge experiments, mice were inoculated intradermally with  $2 \times 10^6$  viable MLM in 20 µL of PBS. Then, the mice were housed in standard conditions and supplied with purified water and Purina rodent chow chips (Cuautitlan Izcalli, Mexico) ad libitum. The infected mice were monitored for eight weeks, the time points when lesions were evident in the skin of infected animals. Disease progression was variable in the mice and correlated with experimental therapies (PBS, BCGph, or hIFN- $\alpha$  2b).

#### 2.5. Enzyme-Linked Immunosorbent Assays (ELISA)

Antibodies in the sera of MLM-infected mice were measured by indirect enzymelinked immunosorbent assays (ELISA). Briefly, 96-well plates (Nunc, Rochester, NY, USA) were coated overnight at 4 °C, with 1.0  $\mu$ g of peptidoglycolipids dissolved in ethanol [38]. After ethanol evaporation at room temperature [37], non-specific binding was blocked with 3% non-fat milk in PBS from 2 to 3 h. After discarding the blocking solution, 0.1 mL of the sera diluted (1:100) in 1% non-fat milk in PBS was added to the wells and incubated overnight at 4 °C. Then, plates were extensively washed with PBS, and bound antibodies were detected with 0.1 mL of anti-mouse IgG (1:4000, BD 550487, BD Pharmingen, San Diego, CA, USA), IgG1-HRP (1:2500, ab 97240, abcam, Cambridge, MA, USA), IgG2aHRP (1:2500, ab97245, abcam), IgG2b-HRP (1:2500, ab97250, abcam), or IgG3-HRP (1:2500, ab97260, abcam), or biotin-conjugated rat anti-mouse IgA monoclonal antibody (1:1000, BD 550487, BD Pharmingen), followed by a horseradish peroxidase (HRP)-conjugated rat anti-mouse Ig antibody (1:1000, BD 550487, BD Pharmingen) or avidin-HRP (ab 59653, abcam) The chromogenic substrate, tetramethyl-benzidine in 0.05 M citrate-phosphate buffer (pH 5.2), supplemented with 0.01% hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>), was added to the wells for color development. The reaction was stopped with 1 M H<sub>3</sub>PO<sub>4</sub>. The optical densities were measured at 450 nm in a microplate ELISA reader (LabSystems Multiskan Plus, LabX, Midland, ON, Canada). IFN- $\gamma$ , IL-4, IL-17, IL-6, TNF- $\alpha$ , IL-10 were measured in the serum with specific sandwich ELISA kits (PEPROTEC Inc., Cranbury, NJ, USA). according to the manufacturer's instructions.

#### 2.6. Measurements of NO in the Sera of Mice

Briefly, sera were treated with ethanol (1:1) to precipitate proteins and other interfering factors. After centrifugation at 3000 rpm for 20 min, 20  $\mu$ L of the recovered serum was placed into wells of an ELISA plate together with 100  $\mu$ L of the Griess reagent, and 80  $\mu$ L of distilled water. The Griess reagent is a volume-to-volume mixture of solution A (2% sulfanilamide in 5% phosphoric acid) and solution B (0.1% *N*-(1-naphthyl) ethylenediamine, dihydrochloride. After a 30 min incubation at 25° C, the pink color developed was registered in an ELISA reader at 595 nm. The values were extrapolated to a standard curve of sodium nitrite in the range 1–100  $\mu$ M.

#### 2.7. Immunofluorescence

Primary antibodies were obtained from the following companies: Goat anti-iNOS (clone M-19, Santa Cruz Biotechnology, Dallas, TX, USA), Rabbit anti-nitrotyrosine (AB 5411, EMD, Millipore, Burlington, MA, USA), biotin rat Ly6C/Ly6G (clone RB6-8C5, BD Pharmingen), goat anti-CD3 epsilon (Clone M-20, Santa Cruz Biotechnology), rat anti-mouse FoxP3 (clone FJK-16s, eBioscience, San Diego, CA, USA), goat anti-proliferating cell nuclear antigen (clone C-20, Santa Cruz Biotechnology), FITC-peanut agglutinin (L7381-1MG, SIGMA, St. Louis, MO, USA), and APC-rat anti-mouse CD45R (clone RA3-6B2, BD Pharmingen).

Primary antibodies were revealed with the following secondary antibodies: Alexa Fluor 568 donkey anti-goat IgG (A11057, Thermo Fisher Scientific, Waltham, MA, USA), Alexa Fluor 488 donkey anti-rabbit IgG (711-546, Jackson ImmunoResearch Laboratories, West Grove, PA, USA), and Alexa Fluor 680 streptavidin (S32358, Thermo Fisher Scientific).

Five-µm formalin-fixed paraffinized sections were incubated at 60 °C overnight for deparaffinization. Tissue sections were quickly transferred to xylenes (247642-2.5L, SIGMA) and hydrated by sequentially immersing slides into absolute alcohol, 96% alcohol, 70% alcohol, and water. Slides were immersed in an antigen retrieval solution, boiled for 30 min, and cooled down for 10 min at room temperature (RT). Slides were rinsed several times in water and transferred to PBS. Non-specific binding was blocked with 5% normal donkey serum in PBS containing 0.1% Tween 20 and 0.1% Triton-X-100, for 30 min at RT in a humid chamber. Primary antibodies were added to slides and incubated overnight in a moist chamber at RT. Slides were gently washed in PBS, and fluorescently labeled secondary antibodies were incubated for 2 h, at RT, or overnight in a humid chamber. Finally, slides were rinsed for 1 h in PBS and mounted with Vectashield antifade mounting media with DAPI (H-1200, Vector Laboratories, Burlingame, CA, USA). Pictures were taken with a Zeiss Axioplan microscope. All germinal centers (GCs) in a lymph node section were measured with an automated tool of the Carl Zeiss microscope, and the average GC size was calculated using the Prism software. CD3+FoxP3+ Tregs were counted in 5 random  $200 \times$  fields per tissue to calculate the average number of positive cells per field.

#### 2.8. Statistical Analysis

Statistically significant differences among groups were calculated by one-way ANOVA, Newman–Keuls multiple comparisons, unpaired/paired two-tailed Student's t-test, *p*-values < 0.05 were considered to be statistically significant. Statistical differences were calculated with Graph Pad Prism.

#### 3. Results

# 3.1. BCGphipps (BCGph)-Priming Followed by Successive Intramuscular hIFN- $\alpha$ 2b Boosting Protects Balb/c Mice from Intradermal Challenge with M. lepraemurium

We previously developed a prime-boost protocol based on successive intramuscular boosting of IFN $\alpha$  after BCG vaccination of mice [42] with promising protection results. Recent studies used a BCG recombinant that expresses human IFN- $\alpha$  2b to treat bladder cancer [51,53]. Therefore, in the present study, our goal was to analyze the protection induced by BCGph priming followed by hIFN- $\alpha$  2b boosting in a murine model of leprosy, following the scheme depicted in Figure 1.



**Figure 1.** Prime-boost protocol to evaluate the protection of mice against intradermal challenge with *M. lepraemurium*. Groups of Balb/c mice (n = 6) were subcutaneously vaccinated with a low dose of BCGph (8 × 10<sup>3</sup> CFU). Mice from each group were intramuscularly boosted on consecutive days (30, 31, and 32 days after vaccination) with PBS or hIFN- $\alpha$  2b. Mice were challenged with 2 × 10<sup>6</sup> viable MLM eight weeks after the last boosting. After that, mice were sacrificed, and biospecimens were collected eight weeks post-challenge. The development of skin lesions was monitored and measured as described in Material and Methods.

Briefly, mice were intradermally challenged with MLM, eight weeks after the third boost with 300 IU of hIFN- $\alpha$  2b. Disease progression was monitored during the next eight weeks. At the end of this period, we collected inguinal lymph nodes to detect GCs and enumerate Tregs and other cell populations by immunofluorescence. We also used immunofluorescence to visualize iNOS production by activated macrophages, location of nitrotyrosine (NT) residues, and accumulation of Gr-1+ myeloid cells in the skin of our experimental mice. Additionally, we collected the serum to measure the cytokines and antibodies to glycolipids of MLM by ELISA (Figure 1).

First, to evaluate the protective effect of BCGph priming and hIFN- $\alpha$  2b boosting against the intradermal challenge of mice with MLM, we measured the skin lesions and visualized bacilli colonization of the skin by the Ziehl–Neelsen stain (Figure 2A–E). The skin of unprimed mice that received only vehicle (PBS), without MLM challenge, showed no bacilli (Figure 2A). The mice inoculated with vehicle and challenged with MLM showed extensive amounts of MLM bacilli in the skin (Figure 2B), while priming mice with BCGph led to a reduction in the mycobacterial growth (Figure 2C). Successive hIFN- $\alpha$  2b administration also reduced mycobacterial growth in the skin as compared with mice challenged

with MLM (Figure 2D). The mice primed with BCGph and boosted with hIFN- $\alpha$  2b had the lowest mycobacterial growth (Figure 2E). Consistent with these data, the healthy mice challenged with MLM that received only vehicle (PBS) developed the most extensive skin lesions ( $35 \pm 9.9 \text{ mm}^2$ ), while the mice that were BCGph-primed had skin lesions of similar size to the ones developed in the mice inoculated with the vehicle and challenged with MLM ( $13.5 \pm 4.24 \text{ mm}^2$ ) (Figure 2F). The mice subcutaneously injected with hIFN- $\alpha$  2b showed smaller skin lesions ( $20 \pm 1.77 \text{ µm}^2$ ). Of note, mice that were BCGph primed and boosted with hIFN- $\alpha$  2b showed a significant reduction in skin lesion size ( $5 \pm 7.07 \text{ mm}^2$ ) (p < 0.05) (Figure 2F).



**Figure 2.** Skin lesions and mycobacterial growth in Balb/c challenged with *M. lepraemurium.* The protection of mice was assessed by skin lesion development and visualizing mycobacterial growth in the skin lesion at eight weeks post-challenge with MLM. Skin lesions were stained with Ziehl–Neelsen. Representative  $400 \times$  magnifications pictures of (**A**) unprimed mice and unchallenged mice; (**B**) mice inoculated with PBS and challenged with MLM; (**C**) mice primed with BCGph and challenged with MLM; (**D**) mice intramuscularly inoculated with hIFN- $\alpha$  2b and challenged with MLM; (**E**) mice primed with BCGph, boosted with hIFN- $\alpha$  2b, and challenged with MLM; (**F**) Efficient protection is equivalent to either the absence of skin lesions or a significant reduction in skin lesion size, expressed in mm<sup>2</sup>, n = 6 mice/group. \* p < 0.05; \*\* p < 0.005; \*\*\* p < 0.005; \*\*\*

# 3.2. Minimal Skin Pathology in Mice Primed with BCGphipps and Boosted with hIFNa 2b Correlates with Decreased Nitrotyrosine Accumulation and Impaired Neutrophil Infiltration

Nitric oxide is critical for the killing of intracellular pathogens. However, excessive production of nitric oxide, superoxide radical ( $O_2^-$ , and hydrogen peroxide leads to the generation of toxic and unstable peroxynitrite, a molecule that reacts with tyrosine residues on proteins to form the stable NT [56–60]. Although peroxynitrite kills mycobacteria, it also damages immune cells [57–59]. Thus, we decided to search for iNOS producing cells, NT, and neutrophils in the skin of our experimental mice by immunofluorescence. We saw background signals for iNOS and NT and very few Gr-1<sup>+</sup> cells in the skin of mice receiving only PBS (Figure 3A). Increased mycobacterial load and enlarged necrotic lesions in the skin correlated with the accumulation of NT residues in the necrotic skin area [58,59] of unvaccinated (Figure 3B) and BCGph primed mice challenged with MLM (Figure 3C). Consistent with a more balanced local inflammatory response and amelioration of skin

pathology, NT and neutrophil infiltration were decreased in mice receiving successive inoculations with hIFN- $\alpha$  2b (Figure 3D) or mice BCGph primed and boosted with hIFN- $\alpha$  2b (Figure 3E). Impaired infiltration with Gr-1<sup>+</sup> neutrophils and reduced NT areas coincided with the smallest inflammatory area in histological skin sections of mice primed with BCGph and boosted with hIFN- $\alpha$  2b (Figure 3F).



**Figure 3.** Protection associates with decreased nitrotyrosine accumulation, impaired neutrophil accumulation, and ameliorated skin inflammation. Skin lesion sections were stained with a combination of antibodies specific for iNOs (red), NT (green), Gr-1 (white). Representative 200× pictures from (**A**) Skin of unprimed and unchallenged mice, (**B**) mice inoculated with PBS and challenged with MLM, (**C**) mice primed with BCGphipps and challenged with MLM, (**D**) mice intramuscularly inoculated with hIFN- $\alpha$  2b and challenged with MLM and (**E**) mice primed with BCGph, boosted with hIFN- $\alpha$  2b and challenged with MLM; (**F**,**G**) quantitation of the inflammatory area with automated tools of Zeiss Axioplan microscope, skin lesions were collected at eight weeks post-challenge with MLM, graphics show the average area occupied by inflammatory cells in leprosy skin lesions, expressed in  $\mu$ m<sup>2</sup>. Scale bar = 100  $\mu$ m. *n* = 6 mice/group \* *p* < 0.05; \*\* *p* < 0.005; \*\*\* *p* < 0.005 was considered statistically significant.

NO production was not statistically significant compared to the other experimental groups however, in the group of mice BCGph-primed and boosted with hIFN- $\alpha$  2b, the concentration of NO was higher (68.28  $\mu$ M/L  $\pm$  0.889) than in the PBS and MLM groups (62.79  $\mu$ M/L  $\pm$  1.04), BCGph (63.37  $\mu$ M/L  $\pm$  0.225), hIFN- $\alpha$  2b (62.57  $\mu$ M/L  $\pm$  1.028) (Figure 3G).

# 3.3. Anti-Inflammatory Cytokines Are Increased in the Serum of Mice Primed with BCGphipps and Boosted with hIFN- $\alpha$ 2b

Pro- and anti-inflammatory cytokines were measured in the serum of Balb/c mice after challenge with MLM. Consistent with the immunosuppressive state caused by MLM, the concentrations of proinflammatory cytokines were low in the serum of Balb/c mice inoculated with PBS and challenged with MLM (IFN- $\gamma$ , 625 ± 442 pg/mL; TNF- $\alpha$ , 697 ± 436 pg/mL; IL-6, 68 ± 48 pg/mL; IL-17, 95 ± 67 pg/mL). In contrast, they had moderate levels of anti-inflammatory cytokines in the serum (IL-10, 1763 ± 124 pg/mL

and IL-4,  $1250 \pm 173 \text{ pg/mL}$ ). Although mice were protected by BCGph priming and successive boosting with hIFN- $\alpha$  2b, the systemic amounts of proinflammatory cytokines were not statistically different from those in mice inoculated with PBS and challenged with MLM. Unexpectedly, the concentration for IL-4 ( $1875 \pm 352 \text{ pg/mL}$ , p < 0.05), and IL-10 ( $4250 \pm 271 \text{ pg/mL}$ ) were significantly increased in the serum of these mice as compared with mice inoculated with PBS and challenged with MLM (Table 1). These results suggest that our vaccination protocol might be activating anti-inflammatory pathways to prevent tissue damage.

**Table 1.** Serum cytokine profile in Balb/c mice intradermal challenge with *Mycobacterium lepraemurium*, after BCGphipps-priming, and hIFN- $\alpha$  2b boosting.

<b>Experimental Groups</b>	IFN-γ	IL-4	IL-17	TNF-γ	IL-6	IL-10
PBS BCGph hIFN-α 2b S BCGph/hIFN-α 2b S	$625 \pm 442$ $1641 \pm 154$ $2086 \pm 609$ $2062 \pm 299$	$\begin{array}{c} 1250 \pm 173 \\ 1437 \pm 108 \\ 1637 \pm 53 \\ 1875 \pm 352 \ * \end{array}$	$95 \pm 67$ $367 \pm 55$ $1230 \pm 0$ $421 \pm 191$	$697 \pm 436 \\ 784 \pm 62 \\ 978 \pm 257 \\ 859 \pm 122$	$68 \pm 48$ $1065 \pm 60$ $1320 \pm 322$ $1270 \pm 26$	$\begin{array}{c} 1763 \pm 124 \\ 3201 \pm 214 \\ 2860 \pm 338 \\ 4250 \pm 271  {}^{*} \end{array}$

BCGphipps (BCGph)-primed, IFN- $\alpha$  2b boosted mice were sacrificed eight weeks after the challenge with *Mycobacterium lepraemurium* (MLM). Blood was collected to measure cytokines in serum by ELISA (PeproTech, Inc). Values are expressed as OD<sub>450</sub> nm, represent the mean  $\pm$  SEM, standard error of the mean. Statistical significance was calculated with Newman Keuls Multiple comparisons test. \*, *p* < 0.05 was considered statistically significant.

# 3.4. Impaired Treg Accumulation in the Draining Lymph Nodes (DLNs) of Mice Primed with BCGphipps or Boosted with hIFN- $\alpha$ 2b

Considering that Tregs produce IL-10 [61,62], we decided to quantitate the CD3<sup>+</sup> FOXP3<sup>+</sup> Tregs in the draining lymph nodes (DLNs), located near the site of vaccination. In the uninfected mice (PBS), Tregs were still present (113  $\pm$  9.8 CD3<sup>+</sup> FOXP3<sup>+</sup> Treg/200 × field) (Figure 4A). As expected, Tregs were significantly increased in mice challenged with MLM that did not receive the vaccine (BCGph) or hIFN- $\alpha$  2b (214  $\pm$  30 CD3<sup>+</sup> FOXP3<sup>+</sup> Tregs/200 × field) (Figure 4B). Congruently, lower levels of Tregs were observed in the mice primed with BCGph (160  $\pm$  26 CD3<sup>+</sup> FOXP3<sup>+</sup> Tregs/200 × field) (Figure 4C) and the mice that received hIFN- $\alpha$  2b (162  $\pm$  33 CD3<sup>+</sup> FOXP3<sup>+</sup> Tregs/200 × field) (Figure 4D); the mice primed with BCGph and boosted with hIFN- $\alpha$  2b (127  $\pm$  16 CD3<sup>+</sup> FOXP3<sup>+</sup> Tregs/200 × field) (Figure 4E) had a similar density of Tregs than unvaccinated mice without hIFN- $\alpha$  2b boosting. However, after blindly counting CD3<sup>+</sup> FOXP3<sup>+</sup> Tregs in the DLNs of our experimental mice, we found that Tregs were significantly reduced in the DLNs of mice after BCGph priming (p = 0.0013), hIFN- $\alpha$  2b inoculation (p = 0.0074), or combined BCGph priming and hIFN- $\alpha$  2b boosting (p = 0.0013) as compared with mice challenged with MLM (Figure 4E).



**Figure 4.** Impaired accumulation of regulatory T cells (Tregs) in the draining lymph nodes (DLNs) of mice primed with BCGphipps and boosted with hIFN- $\alpha$  2b. Mice were sacrificed, and the DLNs were collected eight weeks post-challenge with MLM. DLN were stained with antibodies specific for CD3 (red) and FOXP3 (green nuclei) to detect CD3<sup>+</sup> FOXP3<sup>+</sup> Tregs by immunofluorescence. (**A**) Basal accumulation of Tregs in the DLNs of unvaccinated mice; (**B**) Tregs in the DLNs were increased after MLM challenge and comparatively reduced in (**C**) BCGph-primed, (**D**) hIFN- $\alpha$  2b inoculated, and (**E**) BCGph-primed-hIFN- $\alpha$  2b boosted mice; (**F**) morphometric analysis shows a significant reduction in Tregs in the DLNs of BCGph primed/hIFN- $\alpha$  2b boosted mice. Scale bar = 100 µm, *n* = 6 mice/group \* *p* < 0.05; \*\* *p* < 0.005; \*\*\* *p* < 0.0005 was considered to be statistically significant.

### 3.5. BCGphipps Priming and hIFN-α 2b Boosting Influences GCs Responses in Mouse DLNs

There are special Tregs located in the GCs known as T follicular regulatory cells (TFR). They modulate both the GCs responses and prevent the generation of autoreactive plasma cells [28,33]. The decreased Tregs in the DLNs suggested that GCs responses could be unleashed in mice primed with BCGph and boosted with hIFN- $\alpha$  2b. Consistent with the absence of antigenic stimulation, we did not detect GCs in the DLNs of uninfected mice (Figure 5A). Small GCs were present in the DLNs of unprimed mice, challenged with MLM (Figure 5B).



**Figure 5.** BCGphipps priming and hIFN- $\alpha$  2b boosting influences GC responses in DLN after MLM challenge. Mice were sacrificed at eight weeks post-challenge with MLM. Draining lymph nodes (DLNs) were stained with antibodies specific for proliferating cell nuclear antigen (PCNA, red nuclei), peanut agglutinin (PNA, green), and CD45R (B220, white) to identify GCs containing compact clusters of PCNA<sup>+</sup>PNA<sup>++</sup>B220<sup>low</sup> GC B cells. GC B cells in DLNs of (**A**) unprimed and unchallenged mice; (**B**) mice inoculated with PBS and challenged with MLM; (**C**) mice primed with BCGph and challenged with MLM; (**D**) mice intramuscularly boosted with hIFN- $\alpha$  2b and challenged with MLM; (**E**) mice primed with BCGph, boosted with hIFN- $\alpha$  2b, and challenged with MLM; (**F**) GC were measured in individual DLNs of experimental mice to calculate the average GC size. Scale bar = 100 µm. *n* = 6 mice/group. \* *p* < 0.05; \*\* *p* < 0.005; \*\*\*\* *p* < 0.0005 was considered to be statistically significant.

Interestingly, mice primed with BCGph had significantly larger GCs than mice challenged with MLM (Figure 5C). The mice immunized with hIFN- $\alpha$  2b (Figure 5D) had GCs with a comparable size to those in mice challenged with MLM. The mice primed with BCGph and boosted with hIFN- $\alpha$  2b had GCs with an intermediate size (Figure 5E). To have a more quantitative assessment of the GCs responses in the DLNs, we calculated the average GC size in individual DLN sections. Consistent with our observations, we found a significant reduction in the average GC size in the DLNs after hIFN- $\alpha$  2b injection and in the BCGph priming/hIFN- $\alpha$  2b boosting protocol (Figure 5E).

# 3.6. Comparable Levels of Glycolipid-Specific Antibodies in Mice Challenged with M. lepraemurium after BCGphipps Priming and hIFN-α 2b Boosting

According to the differences observed in GC formation and organization, we measured the concentration of antibodies specific for glycolipids extracted from MLM. Globally, our results show that the systemic amounts of different classes and isotypes of glycolipidspecific antibodies were not affected by vaccination, successive administration of hIFN- $\alpha$ 2b, or the BCGph priming/hIFN- $\alpha$  2b protocol (Table 2). Mice boosted only with hIFN- $\alpha$  2b elicited a higher amount of IgG and IgG1 antibodies in the serum. However, IgG and Ig G1 antibody levels were not statistically significant as compared with the other experimental groups (Table 2).

<b>Experimental Groups</b>	IgM	IgG	IgG1	IgG2a	IgG2b	IgG3
PBS	$0.86\pm0.30$	$1.05\pm0.07$	$1.70\pm0.0$	$1.25\pm0.21$	$1.35\pm0.07$	$0.89\pm0.03$
BCGph	$0.99\pm0.15$	$1.10\pm0.33$	$1.10\pm0.41$	$1.40\pm0.32$	$1.30\pm0.30$	$0.90\pm0.28$
hIFN-α 2b S	$1.00\pm0.27$	$1.40\pm0.13$	$1.80\pm0.11$	$1.56\pm0.38$	$1.30\pm0.08$	$1.10\pm0.10$
BCGph-hIFN-α 2b S	$0.90\pm0.07$	$1.05\pm0.28$	$1.50\pm0.21$	$1.40\pm0.06$	$1.30\pm0.19$	$0.93\pm0.04$

**Table 2.** Serum Glycolipid-Specific antiboides in Balb/c mice intradermal challenge with *Mycobacterium lepraemurium* after BCGphipps-priming, and hIFN- $\alpha$  2b boosting.

-BCGphipps (BCGph)-primed, and IFN- $\alpha$  2b boosted mice were sacrificed eight weeks after the challenge with *Mycobacterium lepraemurium* (MLM). Blood was collected to measure anti-glycolipid-1 specific antibodies by ELISA. Values are expressed as OD<sub>450</sub> nm and represent the mean  $\pm$  SEM, standard error of the mean. Not statistical significance was found at \*, *p* < 0.05 calculated with Newman Keuls Multiple comparisons test.

#### 4. Discussion

In the present study, we have shown that our prime-boosting protocol based on subcutaneous BCGphipps priming and successive intramuscular boosting with increasing amounts of hIFN- $\alpha$  2b protected mice from intradermal challenge with MLM.

The prime-boosting protocol prevented MLM growth in the skin and ameliorated local pathology by decreasing NT production and neutrophilic inflammation (Figure 3E). It also resulted in the induction of anti-inflammatory cytokines (IL-4 and IL-10) that likely counteracted excessive inflammation in the skin and manifested systemically. Unexpectedly, although the therapeutic regimen decreased CD3<sup>+</sup> FOXP3<sup>+</sup> Tregs in the DLNs (Figure 4E), GC responses were not drastically enhanced (Figure 5E), and the serum concentrations of glycolipid-specific antibodies were similar in all the experimental groups except in the mice inoculated only with hIFN- $\alpha$  2b (Table 2). Nevertheless, our experimental data support the potential use of BCG priming adjuvanted with intramuscular IFN $\alpha$  2b boosting, as a promising immunotherapy that deserves exploration in human leprosy.

The clinical manifestations of leprosy correlate with the immunological spectrum detected in patients and range from LL to TT [2,4,14,18]. In general, host immunity to *M. leprae* is characterized mainly by a polarized T helper response (Th1/Th2). On one side of the spectrum, although LL is characterized by anergy, there is still some reactivity to mycobacterial antigens and the production of IL-4 and IL-10. In contrast, in TT, a predominant Th1 response leads to the IFN- $\gamma$  driven activation of macrophages, which accelerates the elimination of the bacilli. Mice infected with MLM typically develop lepromatous-like leprosy without a clear dominance for humoral or cellular immunity [18–20].

Protective antibodies elicited by infection or vaccination [63] are produced by a process called affinity maturation, which takes place in germinal centers formed in secondary (spleen, lymph nodes) or tertiary lymphoid organs (TLO) generated in peripheral tissues [23,25]. It is precisely in the GCs where the production of memory B cells and long-lived antibody-secreting plasma cells contribute to the generation of long-term immunity to future encounters with pathogens. The efficient induction of GC responses depends on the collaboration of multiple cell types, including B cells, T follicular helper cells (TFH), tingible body macrophages, and follicular dendritic cells (FDCs) [64]. Indeed, vaccines trigger successful GC responses, and ectopic germinal centers in lymph nodes [24,25,31,49]. Moreover, T follicular helper cells and T follicular regulatory cells [27-30] maintain the delicate balance between the induction of effective antibody responses and autoimmunity. Although we did not rule out autoimmunity induction in our study, we still focused on the effects of the prime-boost protocol with BCGph and hIFN- $\alpha$  2b on the Tregs from the DLNs. Protected mice had significantly fewer CD3<sup>+</sup> FOXP3<sup>+</sup> Tregs in their DLNs. However, further studies are required to determine if some of these Tregs are T follicular helper cells that regulate GC reactions [27–30]. These results might imply that efficient induction of protective immunity combined with a slight decrease of Tregs in the DLNs is required to control mycobacterial growth and to prevent pathologic inflammation in the skin.

Previous studies have reported the systemic and mucosal effects of type I IFN on T follicular helper cells and T follicular regulatory cells [19,32,64]. Indeed, type I IFN indirectly increases TFH in lymph nodes by stimulating T cell priming by dendritic cells [34]. Type I IFN also promotes isotype switch in GCs. In addition, a recent study showed that type I IFN triggers the CXCL13-driven formation of TLO in the lungs [49]. Thus, the induction of CXCL13 by type I IFN could enhance the recruitment of naïve B cells to secondary lymphoid organs and increase the production of antibody-secreting plasma cells, globally improving long-lasting memory and plasma cells immunological responses [23–25,64], particularly in the presence of adjuvants like poly IC [65]. In addition, type I IFN administration induces GC formation in the lungs of patients afflicted by autoimmune diseases [31] or tuberculosis [66,67]. Thus, CXCL13 blockade could help treat these chronic inflammatory disorders [49]. In this context, we observed a very mild decrease in the GC size in DLNs of protected prime-boosted mice (Figure 5E). However, additional research is needed to better define the correlation between GC formation and the protection induced in those prime-boosted mice. Under the experimental settings of priming with BCGph and intramuscular hIFN- $\alpha$  2b boosting (51), the mice in our study experienced higher protection by the BCGph-hIFN- $\alpha$  2b (80%) administration than by BCGph alone (60%), as determined by the absence or the small size of the skin lesions (Figure 2) and a comparable quantity of IgG and IgG1 antibodies specific for glycolipids of MLM (Table 2). Our results contrast with the increased amount of IgG in mice protected by vaccination with a different strain of BCG (Pasteur) [41]. These data suggest that the type of BCG strain used to formulate the vaccine could influence the outcome of the humoral immune response against MLM or *M. leprae* [51]. Furthermore, several studies in tuberculosis have shown the potential and beneficial effects of the heterologous prime-boost strategy in the induction of protective immune responses [68-70]. Moreover, it is well known that the type and the route of immunization influence the magnitude of the antibody and cellular immune responses. Surprisingly, protected mice show significantly higher IL-4 and IL-10 in the serum as compared with mice treated only with PBS, BCGph, or hIFN- $\alpha$  2b alone (Table 1). How anti-inflammatory cytokines influence protective immunity in leprosy is currently under investigation in our laboratory. However, several studies have shown that efficient cellular immunity to mycobacteria relies on a delicate balance between protection and prevention of pathology [71]. In addition, there is evidence of induction of both cytokine types in other experimental models [72-75].

Our collective results suggest that the success of our prime-boost protocol depends on the induction of a balanced immune response that efficiently eliminates MLM in the skin and limits tissue damage by inducing anti-inflammatory cytokines (IL-4 and IL-10) that likely protect immune cells [76,77]. Indeed, IL-10 produced by induced Tregs modulates inflammation at mucosal surfaces, specifically those related to inflammatory bowel disease [77,78]. These findings warrant a detailed kinetic study of B cell activation, GC formation and regulation, T follicular regulatory cells cells generation, and NF- $\kappa$ B activation in our prime-boost system with BCGph and hIFN- $\alpha$  2b followed by MLM infection to have a more mechanistic understanding of the roles of immune cells and NF- $\kappa$ B pathways in the induction of protective immunity in the skin and lymph nodes after MLM challenge.

#### 5. Conclusions

From these data, we can conclude that the successive intramuscular boosting with hIFN- $\alpha$  2b enhances *M. bovis* BCG vaccination, protecting against intradermal challenge with MLM and revealing the promising adjuvant properties of human IFN-a 2b in the context of BCG vaccination for preventing leprosy infections in endemic areas. To the best of our knowledge, this is the first report of the therapeutic efficacy of BCGphipps in combination with a pharmaceutical presentation of hIFN- $\alpha$  2b in a preclinical model of leprosy-like disease.

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revising manuscript content, G.G.G., O.R.-E., S.O.I.-T. and J.R.-M.; G.G.G., O.R.-E., S.O.I.-T. and J.R.-M. take responsibility for the integrity of the data analysis. All authors have read and agreed to the published version of the manuscript.

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